



Issue 5 | 01 May 2017

## EVENTS MAY

### SOUND OF CULTURES

Everyone is welcome!  
Sunday 14 May  
from 15:00— 21:00  
Paleisstraat 39-41, 2018 Antwerp

### SELF DEFENSE

All women are welcome!  
06, 13 and 20 May  
From 10:30 - 12:00  
Paleisstraat 39-41, 2018 Antwerp

### RESILIENCE AND BEHAVIOUR STRATEGIES

(follow-up workshop - 11th of March)  
For teenage girls and young women  
(age 15-30)  
Saturday 06 May  
From 13:00 - 16:30  
Paleisstraat 39-41, 2018 Antwerp

### CINE Y

Everyone is welcome!  
Wednesday 17 May  
Movie: **Little Black Spiders**  
20:00  
Filmhouse Klappei  
Klappeistraat 2, Antwerp

### YOGA

Everyone is welcome!  
**Saturdays 06, 13, 20 and 27 May**  
From 11:00 - 12:30  
Farm in Schelle  
Steenwinkelstraat 499, 2627 Schelle

### BOOKCLUB

Everyone is welcome!  
**Monday 15 May - 20u00**  
Book: **The Swimmer—Zsuzsa Bank**  
Paleisstraat 39-41, 2018 Antwerp

### Sfinx Mondial

Womama will have a stand.  
25 May—from 12:00

### Anti-Trump Protest

24 May— from 17:00  
Brussels, Belgium

## ACTIVITY OF THE MONTH

### **YWCA introduction Event At the Asylum seeker center in Linkeroever**

This year YWCA Antwerp wants to focus on  
the many asylum seekers that live in  
Antwerp.

As a team we want to show the women from  
the shelter what YWCA stands for.  
Unity, solidarity and empowerment.

**Who wants to join us and represent  
YWCA?  
We need you!**

### **Introduction Event—High Tea**

08 May from 15:00 till 17:00

### **Resilience and**

### **Behaviour Strategies**

11 May—Late afternoon

### **Self Defense classes**

18, 23 May and 01, 08 June  
From 13:30 till 15:00



## CLUBS MAY

### **CLUBS – language French**

08.05.2017:

Clubs—Lunch

12.05.2017 :

Clubs—Lunch

Starting at 12:30

Pre-registration

price: 10 €

Everyone is welcome!



Friday 12th of May at YWCA, at 15:00

Come and share your favorite book with us.  
Starting right after the secondhand book sale  
(Library YWCA)

Friday 26th of May at 14:30

Visit to the Fashion Museum  
(MOMU) MARGIELA, DE HERMÈS JAREN  
Nationalestraat 28, 2000 Antwerp

## YWCA ANTWERPEN

YWCA ANTWERPEN

Paleisstraat 39-41  
2018 Antwerpen



### **Follow us on:**

Website: [www.ywca-antwerpen.org](http://www.ywca-antwerpen.org)

Email: [info@antwerpen.ywca.be](mailto:info@antwerpen.ywca.be)

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address and we will remove your address from your list.*

## Part-time work taken by women to balance home and work – but not by men – entrenches gender inequality in Europe

Posted on 23rd December 2016 by Clare Lyonette

Part-time working has serious impacts on gender equality in Europe, because it is used so much more by mothers than fathers.

Part-time working is commonly used, primarily by women, across Europe and other developed countries to manage care and domestic responsibilities, while contributing to the household income. The UK has one of the highest proportions of women working

part-time in Europe and reduced-hours work for women is recognized as *the* way to combine work and family responsibilities. The proportion of women working part-time – or not at all – increases according to the number of children they have.

There have also been increased numbers of men working part-time in their main job, although this is often due to an inability to gain full-time work, rather than dictated by the need to balance their work and family commitments (recent data has shown that men are much less likely than women to work part-time after having children, with fathers working even longer hours than non-fathers). This may be partly due to the loss of the female partner's income and even though many men would prefer to be more involved at home, particularly in childcare, the long hours culture prevalent makes it difficult to achieve this.

Women like part-time work and reducing working hours, at least for a short time after having children, would seem like an ideal solution to the work-care interface. However, working part-time has serious consequences for women's careers: research over many decades has shown that part-time work is of lower quality than comparable full-time work. Reduced-hours work offers fewer training and development opportunities and lower status and pay than

comparable full-time jobs. Women in more senior roles often 'downgrade' after having children, working below their potential and representing a serious loss of skills and experience to the UK economy.

Equally important is the fact that working part-time reinforces gender inequalities in the home, with

women taking on the vast majority of housework and childcare while working part-time. In addition, part-time working women often remain trapped in lower-paid jobs over the longer-term, with implications for lifetime earnings and pensions, and, as a result, remain financially dependent on male partners. The 'quality' of part-time work has been of interest to researchers and governments alike but sixteen years after the European Directive on Part-Time Work came into effect, little appears to have changed.

## JOKE OF THE MONTH

YOU MEANT TO TELL ME



## HAPPY WORLD YWCA DAY 2017!

### Message from our General Secretary:

#### Malayah Harper

It is really my pleasure to extend an invitation to celebrate, in solidarity, World YWCA Day—a day where we recognize our achievements and really also look to the future in terms of how we stand together in solidarity and create a better world.

When Lady Mary Jane Kinnaird and Emma Roberts established the World YWCA in 1855, they did so by creating a safe space for women, young women and girls. This idea has now blossomed to 109 countries around the world in 20,000 communities and at last count, we are reaching up to 30 million women and young women. This is a phenomenal achievement!

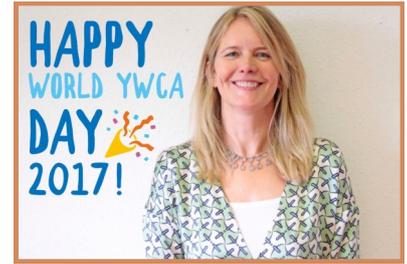
We are now one of the largest member-based women's rights organizations in the world and our diversity really is our strength. I am proud to say that we have women from all faiths, from all races, classes, sexual orientation, beliefs and cultures. And this is what makes us strong and also makes us an organization and a member movement for all women working on the leadership and empowerment for all women everywhere and leaving no one behind.

I am also very pleased that young women are becoming at the center of our organization and that actually, we have reached our target collectively of over 25% of young women in leadership positions on boards and in the structures. Can we and should we do more? Yes definitely! and we have to do this in the context of the intergenerational model.

It is my pleasure then to say that the World Office is in the process of finalizing the Global Rise Up! Manual looking at young women's leadership and human rights. This is integral to what we do and very essential to our movement and our solidarity. This will be available to all member associations; the tools, the advocacy, and the communications material, and I really encourage you to use it.

The world is at a pivotal stage. We know this. Things are changing rapidly and women's human rights are under threat. There is an increase in racism and I know many of you face misogyny and an attack on faiths around the world. This is a time more than ever to stand together, as more than ever the world needs a YWCA movement.

As the world has changed so have we. So we need to look to the future to see how we reenergize, and how we reignite the solidarity that we are showing to each other and how we can together rise up and defeat the challenges and face the future. So I encourage you all to stand with me and on World YWCA Day rise up!



## How did Mother's day come to be?

**She never got married, she never had kids and still she was the Founder of Mother's Day.**

Origin of Mother's Day goes back to the era of ancient Greek and Romans. The roots of Mother's Day history can also be traced in UK where a Mothering Sunday was celebrated much before the festival saw the light of the day in US. Serving various purposes since the late nineteenth century, Mother's Day has deep connections to religion, war, feminism, and consumerism. For over a century, the meaning and purpose of Mother's Day has been used and contested to celebrate individual mothers, enfranchise women, boost congregation numbers, and sell goods, among other purposes.

Thanks to the hard work of the pioneering women of their times, Julia Ward Howe and Anna Jarvis that the day came into existence. Today the festival of Mother's day is celebrated across 46 countries (though on different dates) and is a hugely popular affair. Millions of people across the globe take the day as an opportunity to honor their mothers, thank them for their efforts in giving them life, raising them and being their constant support and well-wisher.

Anna Jarvis is recognized as the Founder of Mother's Day. Though Anna Jarvis never married and never had kids, she is also known as the Mother of Mother's Day, an apt title for the lady who worked hard to bestow honor on all mothers.

Anna Jarvis got the inspiration of celebrating Mother's Day from her own mother Mrs. Anna Marie Reeves Jarvis in her childhood. An activist and social worker, Mrs. Jarvis used to express her desire that someday someone must honor all mothers, living and dead, and pay tribute to the contributions made by them. A loving daughter, Anna never forgot her mother's word and when her mother died in 1905, she resolved to fulfill her mother's desire of having a mother's day.

To begin with Anna, send Carnations in the church service in Grafton, West Virginia to honor her mother. Carnations were her mother's favorite flower and Anna felt that they symbolized a mother's pure love. Later Anna along with her supporters wrote 10,000 letters to people in positions of power lobbying for the official declaration of Mother's Day holiday. The hard work paid off. By 1911, Mother's Day was celebrated in almost every state in the Union and later around the world. On May 8, 1914 President Woodrow Wilson signed a Joint Resolution designating the second Sunday in May as Mother's Day.

